

ST. MARY'S COUNTY, MARYLAND



DEMOGRAPHICS

Total Population: 100,378

Race and Ethnicity

White: 80,199

Black or African American: 14,959

American Indian and Alaska Native: 368

Asian: 2,820

Native Hawaiian and Other Pacific Islander: 0

Some other race: 496

Two or more races: 1,536

Not Hispanic or Latino: 97,598

Hispanic or Latino: 2,780

Gender

Male: 49,766

Female: 50,612

Age Group Breakout

Under Age 5: 7,288

5-17 years: 19,029

18-44 years: 39,511

45-64 years: 25,164

65 years or Older: 9,386

Poverty and Income

Total Population for Whom Poverty Status Was Determined: 97,360

Population Under 100% FPL: 7,729

101-Under 200% FPL: 10,988

Above 200% FPL : 78,643

Total Households:

Number of Households with Annual Income under \$20,000: 4,219

Households between \$20,000 - \$44,999: 5,307

Households between \$45,000 - \$59,999: 4,156

Households between \$60,000 - \$99,999: 11,081

Households \$100,000 or above: 12,078

Median Household Income: \$75,769

Language – Linguistically Isolated Households

Spanish: Linguistically Isolated: 0

Other Indo-European languages: Linguistically Isolated: 0

Asian and Pacific Island languages: Linguistically Isolated: 0

Other languages: Linguistically Isolated: 0

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Total Households Linguistically Isolated: 0

Education Attainment for Population ages 25 years or Older

Pop. Over 25 years: 63,947

Less Than High School: 7,226

High School Diploma or Equivalency: 22,841

Some College: 12,168

Associates Degree: 3,929

Bachelor's Degree: 11,640

Master's Degree: 5,352

Professional Degree or Doctorate: 791

VITAL STATISTICS

Age Adjusted Death Rate For Leading Causes of Death (per 100,000) 1999-2007 Trends

| | 2007-2005 | 2005-2003 | 2003-2001 | 2001-1999 |
|--|-----------|-----------|-----------|-----------|
| All Causes of Death | 846.2 | 851.6 | 875.6 | 874.5 |
| Diseases of the Heart | 251.2 | 236.3 | 269 | 265.3 |
| Malignant Neoplasms | 206.4 | 218.6 | 201.5 | 206.2 |
| Cerebrovascular Disease | 50.8 | 46.3 | 49.7 | 63.8 |
| Chronic Lower Respiratory Diseases | 37.4 | 42.9 | 53.8 | 42.1 |
| Diabetes Mellitus | 29.4 | 30.5 | **** | 34.9 |
| Accidents | 28.8 | 31.4 | 36.7 | 26.2 |
| Influenza and Pneumonia | **** | **** | **** | **** |
| Septicemia | **** | **** | **** | **** |
| Alzheimer's | **** | **** | **** | **** |
| Nephritis, Nephrosis and Nephrotic Syndrome | **** | **** | NA | NA |
| Assault (Homicide) | **** | **** | NA | NA |
| HIV | **** | **** | **** | **** |
| Suicide | **** | **** | NA | NA |

Infant Mortality 2008

| | Infant Mortality - Fetal | |
|------------------|--------------------------|------------------------|
| | Deaths | Infant Mortality Rates |
| All Races | 15 | 10.4 |
| WHITE | 11 | 9.5 |
| BLACK | 4 | **** |
| HISPANIC | 0 | **** |

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Low-Birth Weight Births 2008

| | Number of Births That Were Low Birth Weight | Percentage of Births that Were Low Birth Weight |
|-----------|---|---|
| All Races | 120 | 8.3 |
| WHITE | 11 | 9.5 |
| BLACK | 36 | 16 |
| HISPANIC | 0 | **** |

BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

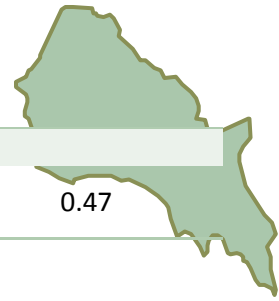
The following data is for the population 18 years of age and older.

| Response | Weighted Estimate | Percentage | Confidence Interval +/- |
|--|-------------------|------------|-------------------------|
| HEALTH STATUS: HOW IS YOUR HEALTH IN GENERAL? | | | |
| EXCELLENT | 18,298 | 24.9% | 3.21 |
| VERY GOOD | 26,429 | 36% | 3.56 |
| GOOD | 20,207 | 27.5% | 3.31 |
| FAIR | 5,288 | 7.2% | 1.92 |
| POOR | 3,208 | 4.4% | 1.52 |

CHRONIC DISEASES

| Response | Weighted Estimate | Percentage | Confidence Interval +/- |
|--|-------------------|------------|-------------------------|
| CARDIOVASCULAR: HAS A DR EVER TOLD YOU THAT YOU HAD A HEART ATTACK? | | | |
| YES | 2,412 | 3.3% | 1.42 |
| CARDIOVASCULAR: HAS A DR EVER TOLD YOU THAT YOU HAD A STROKE? | | | |
| YES | 1,010 | 1.4% | 0.93 |
| CHOLESTEROL: EVER BEEN TOLD BY A DOCTOR OR HEALTH PROFESSIONAL THAT YOUR BLOOD CHOLESTEROL IS HIGH? | | | |
| YES | 22,148 | 36.2% | 4.79 |
| HYPERTENSION: EVER BEEN TOLD BY A HEALTH PROFESSIONAL THAT YOU HAD HIGH BLOOD PRESSURE? | | | |
| YES | 19,074 | 26.3% | 3.75 |
| DIABETES: EVER TOLD BY A DOCTOR THAT YOU HAVE DIABETES? | | | |
| YES | 5,752 | 7.8% | 1.98 |
| YES BUT FEMALE TOLD | 887 | 1.2% | 0.81 |

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| | | | |
|--|-----|------|------|
| DURING PREGNANCY NO BORDERLINE DIABETES | 290 | 0.4% | 0.47 |
|--|-----|------|------|

BEHAVIORS/LIFESTYLE INDICATORS

| Response | Weighted Estimate | Percentage | Confidence Interval +/- |
|--|-------------------|------------|-------------------------|
| TOBACCO: CURRENT SMOKER (SMOKED AT LEAST 100 CIGARETTES IN THEIR LIFETIME AND CURRENTLY SMOKING) | | | |
| YES | 15,664 | 21.3% | 3.03 |
| NO | 57,769 | 78.7% | 3.03 |

ALCOHOL: BINGE DRINKING-FIVE OR MORE DRINKS ON ONE OCCASION IN THE PAST MONTH

| | | | |
|-----|--------|-------|------|
| YES | 12,328 | 17.1% | 2.81 |
|-----|--------|-------|------|

WEIGHT CONTROL: WEIGHT CLASSIFICATIONS BASED ON BODY MASS INDEX

| | | | |
|----------------------------------|--------|-------|------|
| NOT OVERWEIGHT/OBESE (BMI<=24.9) | 25,267 | 35.6% | 3.62 |
| OVERWEIGHT (BMI 25.0 - 29.9) | 25,919 | 36.5% | 3.64 |
| OBESE (BMI 30.0 AND ABOVE) | 19,834 | 27.9% | 3.39 |

MENTAL HEALTH

| Response | Weighted Estimate | Percentage | Confidence Interval +/- |
|--|-------------------|------------|-------------------------|
| ANXIETY DEPRESSION: HAS A DOCTOR EVER TOLD YOU THAT YOU HAVE A DEPRESSIVE DISORDER (INCLUDING DEPRESSION MAJOR DEPRESSION DYSTHYMIA OR MINOR DEPRESSION)? | | | |
| YES | 2,108 | 14.3% | 5.42 |

| | | | |
|---|------|-------|------|
| ANXIETY DEPRESSION: HAS A DOCTOR EVER TOLD YOU THAT YOU HAD AN ANXIETY DISORDER (INCLUDING ACUTE STRESS ANXIETY OBSESSIVE-COMPULSIVE PANIC PHOBIA PTSD OR SOCIAL ANXIETY)? | | | |
| YES | ,648 | 10.8% | 4.78 |

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ORAL HEALTH

| Response | Weighted Estimate | Percentage | Confidence Interval +/- |
|---|-------------------|------------|-------------------------|
| ORAL HEALTH: HOW LONG SINCE LAST TEETH CLEANING? | | | |
| NEVER | 713 | 1.6% | 1.15 |
| < 1 YEAR | 32,261 | 73.5% | 4.03 |
| 1 - < 2 YEARS | 4,097 | 9.3% | 2.65 |
| 2 TO < 5 YEARS | 3,641 | 8.3% | 2.52 |
| >= 5 YEARS | 3,182 | 7.2% | 2.36 |

PREVENTATIVE CARE/TESTING

| Response | Weighted Estimate | Percentage | Confidence Interval +/- |
|--|-------------------|------------|-------------------------|
| IMMUNIZATION: DURING THE PAST YEAR HAVE YOU HAD A FLU SHOT? | | | |
| YES | 21,904 | 29.8% | 3.4 |
| NO | 51,513 | 70.2% | 3.4 |

WOMENS HEALTH: EVER HAD A MAMMOGRAM? WOMEN AGE 40 AND OVER.

| | | | |
|-------------------|--------|-------|------|
| DID NOT HAVE EXAM | 1,525 | 7.7% | 5.21 |
| HAD EXAM | 18,385 | 92.3% | 5.21 |

HIV/AIDS: HAVE YOU EVER BEEN TESTED FOR HIV?

| | | | |
|-----|--------|-------|------|
| YES | 31,012 | 51.2% | 4.23 |
| NO | 29,573 | 48.8% | 4.23 |

SOURCES

Demographics

U.S. Census Bureau, American Community Survey, 2007 except for the following counties: Caroline, Dorchester, Garrett, Kent, Queen Anne's, Somerset, Talbot, and Worcester. For these counties the demographic data source is the U.S. Census Bureau, 2000 Decennial Census. 2007 ACS or other qualified data source was not available in more recent years for these geographies.

Vital Statistics

Age-Adjusted Death Rates: Maryland Department of Health and Mental Hygiene, Vital Statistics reports, 2007, 2005, 2003, and 2001.

Infant Mortality and Birth Weight Data: Maryland Department of Health and Mental Hygiene, Vital Statistics reports, 2008, Preliminary report.

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Vital Statistics Reports Available at <http://vsa.maryland.gov/>

Behavioral Risk Factor Surveillance System

Maryland Behavioral Risk Factor Surveillance System, Five year pooled data 1998-2008,

Available at <http://www.marylandbrfss.org/cgi-bin/broker>